

Title of the activity:	Personal, social, learning to learn competence:
Organisation/facilitator:	Go-Woman! Alliance CIC (GOAL) / Yasmin Akhtar
Purpose:	Self-reflection, how to discover one's own capacities, attitudes, learning process and skills
Learning objectives:	<ul style="list-style-type: none"> • Ability to self reflect and understand difference between personal and social learning
Instructions for the development (methodology and content, methods, techniques and steps of the implementation):	<p>Attached PowerPoint presentation outlines activity</p> <p>The trainer will use the PowerPoint presentation to navigate through the 1 hour session.</p> <p>The session will guide learners through step by step in looking at defining Personal, Social, Learning to learn</p>
Duration:	1 hour
Size and characteristics of the group:	Individual and group discussion
Environment and context; tools and materials needed:	<ul style="list-style-type: none"> - Laptop / projector to show PowerPoint - Flip chart paper - Pens - Post It Notes – Yellow, Orange and Green
Supporting documentation:	Attached PowerPoint presentation
Tips for the facilitators:	<ul style="list-style-type: none"> - The session will be delivered in small segments to get learners to understand the concept around the topic.