

Re-in-Job - Blended mobility of adult learners (TC4)

Personal, social, learning to learn competence

Self-reflection, how to discover one's own capacities, attitudes, learning process and skills



What are Personal, social, learning to learn competence

Identify one's capacities, learning process and skills to maintain, valorize and update them or acquire needed competencies through non-formal and informal learning opportunities maintain physical and mental health, and be able to lead a health-conscious, future-oriented life develop an assertive, collaborative, empathic attitude, showing tolerance, expressing and understanding different viewpoints, respecting the diversity of others and their needs and be prepared both to overcome prejudices and to compromise.



Concept of Personal social and Learning to learn

By brainstorming on what comes in mind when hearing the phrase “Personal, Social and Learning to learn Competence” the participants are asked to create their own definition.



Step 1

Write down one word or short phrase that comes in mind when hearing the phrase “Personal, Social and Learning to learn Competence”.

You have 10 minutes



An orange sticky note is pinned to a light gray surface with two green pushpins. The note is blank and occupies the left side of the frame. The pushpins are positioned at the top edge of the note, casting a shadow to the left.

Step 2

Now be more specific and write down on a different post-it, one skill that comes in mind when hearing about the specific competence.

You have 10 minutes

Step 3

Write down on a different post-it, in what context this competence is important to be used.

You have 10 minutes





Step 4

Please place your post-it on the board or flipchart or the wall according to each colour.

Council of the European Union

The former “Learning to Learn” competence has been labelled by The Council of the European Union “Personal, Social, and Learning to Learn” competence as it was considered to apply to a wider scope which focuses also on personal and social development and is defined as “the ability to reflect upon oneself, effectively manage time and information, work with others in a constructive way, remain resilient and manage one’s own learning and career”(Council of the European Union, 2018).





Resources

- The Council of the European Union definition of “Personal, Social, and Learning to Learn” competence

https://weldone-project.eu/assets/howtoget_weldone/res_cu6_Personal_Social_Learning_Competence.html